

# Student Affairs Notables

March 2023

# CORP of Cadets

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March 1-2 - Four cadets attended the Women in Maritime Leadership Conference at California State University Academy. This conference delivered an equity-focused leadership development curriculum specific to the goals of cadets and professional women in the maritime industry.





## Summer Sea Term

The Corps is getting ready for the next Sea Term by storing critical supplies that will be needed on the 70 day journey.



## March 20 - 22

► March 20-22 Numerous Cadets participated in the Texas A&M International Leadership Conference held at the College Station campus. This conference invited numerous speakers to discuss the topic of Ethical Leadership. Many of the Cadets came away from this conference with a greater understanding of how to Operationalize values of TAMU and not just treat values as aspirations.

► Mar 22 The Hearn Honor Guard opened the Future Business Leaders of America (FBLA) conference held in Galveston's Conference center. This group directly sought out the honor guard for this duty. FBLA's conferences help students prepare for careers in business by focusing on academic competitions and leadership development.

► March 22 The Corps held its annual Klenczar Cup competition between Companies. The friendly competition consisted of the egg toss, tug-of-war, Kayak races, survival suit relay race, cardboard boat race, run relay race and the Crowd's favorite - Belly Flop. This year's winner was Company C-1. The competition drew a large crowd of spectators.







**The winner of the Annual Klenczar Cup - Company C-1**

# Student Activities

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#4isMore



# SALT Camp and More!

► Howdy Week and SALT Camp Registration opened on April 1<sup>st</sup> and over 100 students have already signed up for both Howdy Week and SALT Camp!



► 6 of our TAMUG student leaders attended the NODA Region IV conference in San Antonio on March 17-19, 2023. The programming at this conference was geared towards new student orientation, retention, and transition for incoming first-year students. Student leaders from the Orientation Leader Program and SALT Camp attended educational sessions and learned about programming ideas that can further improve first-year student initiatives at Texas A&M University at Galveston.

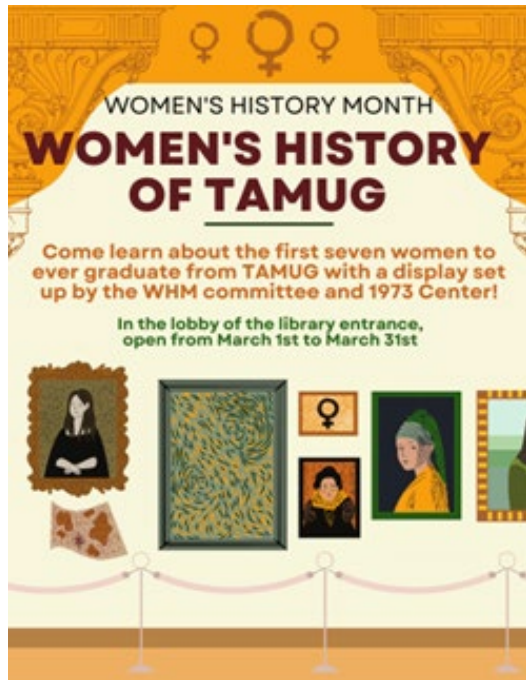


► Fun fact: A former Orientation Leader in Galveston, Kaitlyn Acosta, is now serving in leadership within the Orientation Leader Program in College Station!



3 NODA REGION IV CONFERENCE  
UNIVERSITY OF TEXAS | SAN ANTONIO





## Women's History Month

► The Women's History Month Planning Committee consisted of seven staff members and six students. The committee worked hard to create educational, fun, and inclusive events for the campus to participate in and celebrate Women's History Month. The committee planned the following events: Women's History of TAMUG library display, weekly educational movie nights, Uplift Her Community Mix and Mingle Event, Women's Wellbeing Night, and the Career Fair Mix and Mingle.

## Relay for Life 3/30

► The Lambda Kappa Alpha Honors Program brought back Relay for Life, the largest cancer fundraiser in the nation, to TAMUG this year. Program activities included: mechanical bull riding, arts and crafts tables, a silent auction, a dunk tank, student organizations participated in the event by providing booths for food sales, all participants engaged in walking laps in the gym in solidarity with those who have battled cancer, and at 8pm everyone attended the Luminaria Ceremony - featuring guest speakers who have been affected by cancer. The event raised over \$7,500 in donations for the American Cancer Society







## Big Event 3/25

► With over 348 student volunteer sign ups, 21 service sites, 12 student organization-led sites, 1,300 community service hours completed, and \$6,400 raised, the 2023 Big Event was a major success. The executive team worked hard to create an organized and fun event focused on selfless service and community-building.



## Maritime Ball 3/31

► The Student Events Council worked hard all year to provide an enjoyable and elegant celebration for the student body this spring. Maritime Ball was held at Ashton Villa and catered by Benno's Catering. 150 students attended with the purpose of celebrating a successful school year, and sending off members of the Maritime Academy onto their summer assignments. The Student Events Council raised \$4,500 to put on this event, and brought back the Mr. TAMUG Pageant in February as a fundraiser for Maritime Ball as well.





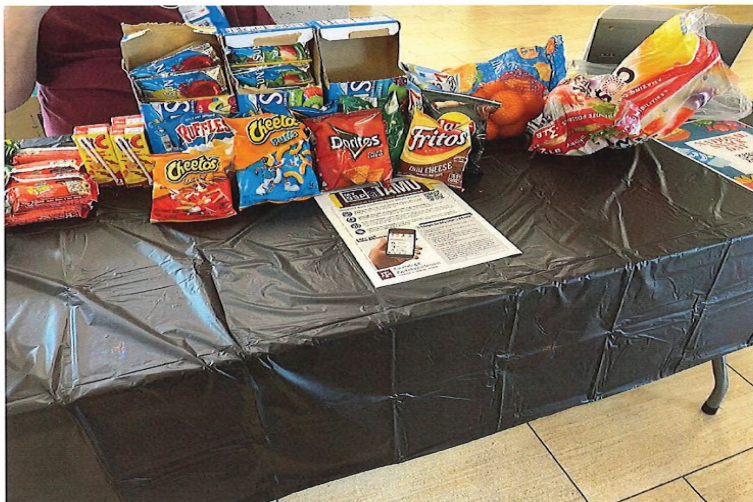
# Campus Living & Learning

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# National Snack Day

- ▶ Learning Goal 4.2: Community Services; Practice Selfless Service
- ▶ **Purpose:** The beginning of March is the mid way point through the semester and can be a lot for both students and administrators. The purpose of this event is to give back to the residence hall community and practice selfless service, through handing out snacks for a refuel on our revised National Snack Day!

Picture of Table before National Snack Day event started



- **100% of the respondents were able to identify how they refuel throughout the day**  
**Some of the responses include:**
  - Drink water
  - Protein bars and energy drinks
  - Take naps and eat
  - Energy drinks
  - Internal motivation
  - I take 10 minute power naps
  - By eating a big meal and relaxing
  - Coffee
  - Pre Workout
  - Fresh air
- **97.4% of the respondents felt like a 5 or above after receiving snacks**
- The average between all respondents after receiving snacks were  $8.46/10 = 84.6\%$
- The average between all respondents before receiving snacks were  $5.26/10 = 52.6\%$
- **Additionally in collaboration w/ Career, Counseling, and Ability Services, the MySSP app was discussed**
  - 11 respondents downloaded the MySSP app after explaining what it was to them.
  - 17 respondents understood what the MySSP app was

# TAMMAH Rocks

► **Journey Learning Outcomes:** 3.1 Articulate their own cultures and impact

To experience and learn about different rocks and the history behind them. Opportunity to paint their own rock to a place where they choose.

► **Assessment/Outcome:** Due to the survey moratorium, informal feedback was observed during the event:

► A student who does not typically attend programming stated that they wished we did more programs like this.

► Over 20 students attended (10+ non-CLL Staff members) - Location and Time of Event contributed to the success of it.





# 7 LESSONS FROM PLANTS

## 1. Plants don't limit themselves

A plant wants to grow as much as possible. While knowing your own limits can be healthy, we shouldn't limit ourselves either.



## 2. Plants allow their struggles to make them stronger

Struggles can make us stronger. Look to learn and grow from tough situations.



## 3. Plants turn towards the sun

Focus on your goals and recognize what you need to take care of yourself - and move towards that.

## 4. Plants are adaptable

Peace is often found when we have an open mind. Accept change and adjust yourself to continue to be happy.

## 5. Plants add value to other people's lives

Helping others adds an extra layer of meaning to our daily lives. It doesn't take much to improve someone else's day.

## 6. Plants are happy with being themselves

As you live your life each day, be proud of your uniqueness and recognize you don't have to rely on the validation of others to be your true self.



## 7. Plants grow at their own pace

We cannot please everyone. You set the pace for your own life and so move at a pace that promotes your well-being.



# Succulent Planting



# Campus Recreation

## ▶ Intramurals:

- Basketball Intramurals were completely full and had to add additional time slots
- Partnering with SILE to host a badminton tournament for AAPI Heritage Month
- Intramural Athlete of the Year is a close race for the first time in a few years



## ▶ Club Sports:

- All active clubs have officially competed in at least 1 competition for the year.
- Barbell Crew competed for the first time in over a year.

## ▶ Fitness & Wellness:

- Green Dot promotional pancake event was largely successful. Green Dot committee passed out 4 box mixes worth of pancakes and raised awareness, interest, and knowledge in Green Dot.
- 19 additional cadets participated in a Green Dot Overview (additional overview scheduled for 4.11)
- First ever Faculty/Staff Green Dot Overview was provided at Staff Council
- Relationships have been established through the Higher Education Suicide Prevention Cohort that will widen available resources to students and provide more support to students in times of crisis.
- Group Fitness classes have grown in size, and we have recruited new instructors to begin in the Fall 2023

# Diversity, Inclusion, & Equity

- Women of TAMUG History: For Women's History Month we celebrated the first 8 women to be admitted into TAMUG in 1973! We had an exhibit set up in the Library and showcased a summary of their major, where they are from, and where they are now. Students, Staff, and Faculty could visit this exhibit and walk around to read all about them.
- AAPI Committee Head: In March we started to plan for AAPI Heritage Month in April. Gathering information, collaborating with APISA and other departments in Student Affairs. We have successfully created a calendar filled with activities and events.
- Holi Run: our office collaborated with campus recreation and Fresh TX to highlight the celebration of color and lights. We had a total of 25 students participate and two staff members run.

# Career & Counseling Services

- Career Fair
  - Leading up to the Career Fair, Career Services hosted multiple prep workshops for the following student groups: Sea Aggie Pride, SALL, GFLO, Marine Technology Society, Society of Naval Architects and Marine Engineers, Women in Engineering Outreach.
  - We also partnered with SAMA and the Writing Lab/Studio to host a comprehensive Career Fair Prep night open to all students called Project Standout. Approximately 50-60 students were in attendance.
  - This Career Fair marks the largest Career Fair ever held on campus! We had about 100 employers and 353 students in attendance.
  - The Employer Appreciation Reception was also the largest Employer Appreciation Reception held.
- Counseling Site Visits
  - Daisey has been taking Dan and Thomala to visit different university counseling centers. This month, they visited University of St. Thomas and will visit more universities during April.