



TEXAS A&M UNIVERSITY
GALVESTON CAMPUS®

Student Affairs Notables December 2024



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Campus Living & Learning



Title of Event/Project: Smashing Stress

Date: December 3rd, 2024

Location: Gazebo

Journey Learning Outcomes:

Learning Goal 2: Lifelong Learning

Learning Outcome: 2.2 Adapt to Change

A graphic with the words 'SMASH!' and 'STRESS' in a bold, pink, bubbly font with black outlines. The text is set against a yellow, cloud-like background. The entire graphic is centered on a white background with orange decorative shapes above and below it.

SMASH!
STRESS

Dec. 3rd, 2024
Outside Pacific Hall
3PM-4PM

Come out and smash some tiles
while relieving stress!



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Career & Counseling Services



The Counseling, Career and Disability Resources office saw a large number of students in the fall 2024 semester. The number of exams administered in the Testing Center and the success of the Relaxation Room are a major reason for the increase. The Testing Center administered over 130 exams over a four-day period during finals week alone! There was a major drop this semester in students being seen for Alcohol and/or Substance use. Typically, we see 30 or more students in a semester, this semester only 7. The graphic to the right is a snapshot of student check-ins from Mid August to Late December 2024. Unfortunately, this graphic does not include any counseling sessions or student contacts that were conducted virtually, these are in-person contacts only.

Statistics Report 2024-08-15 to 2024-12-20

Start Date: 08/15/2024 End Date: 12/20/2024

| DayofWeek | Count | Percent |
|--------------|-------------|---------|
| Sunday | 0 | 0.00% |
| Monday | 362 | 19.48% |
| Tuesday | 426 | 22.93% |
| Wednesday | 395 | 21.26% |
| Thursday | 372 | 20.02% |
| Friday | 303 | 16.31% |
| Saturday | 0 | 0.00% |
| Total | 1858 | |

| Hour of Day | Count | Percent |
|--------------|-------------|---------|
| 5AM | 0 | 0.00% |
| 6AM | 0 | 0.00% |
| 7AM | 25 | 1.35% |
| 8AM | 92 | 4.95% |
| 9AM | 257 | 13.83% |
| 10AM | 257 | 13.83% |
| 11AM | 218 | 11.73% |
| Noon | 252 | 13.56% |
| 1PM | 218 | 11.73% |
| 2PM | 248 | 13.35% |
| 3PM | 197 | 10.60% |
| 4PM | 61 | 3.28% |
| 5PM | 20 | 1.08% |
| 6PM | 1 | 0.05% |
| 7PM | 12 | 0.65% |
| 8PM | 0 | 0.00% |
| 9PM | 0 | 0.00% |
| 10PM | 0 | 0.00% |
| 11PM | 0 | 0.00% |
| Total | 1858 | |

| Reason | Sub Reason | Count | Percent |
|---------------------------|-------------------------|-------------|---------|
| | | 1 | 0.05% |
| Alcohol/Substance Use | | 7 | 0.38% |
| Career Closet | Items Checked Out | 1 | 0.05% |
| Career Counseling | | 103 | 5.54% |
| Disability Accommodations | | 69 | 3.71% |
| Employer Interview | | 4 | 0.22% |
| Ethical Decision Making | | 2 | 0.11% |
| Event | Coffee with a Counselor | 114 | 6.14% |
| Event | Other | 8 | 0.43% |
| Faculty/Staff | | 1 | 0.05% |
| Personal Counseling | | 434 | 23.36% |
| Relaxation Room | | 370 | 19.91% |
| Student Groups | | 7 | 0.38% |
| Testing | | 9 | 0.48% |
| Testing | Accommodations | 605 | 32.56% |
| Testing | Make-Up | 104 | 5.60% |
| Testing | Proctor | 19 | 1.02% |
| Total | | 1858 | |



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Campus Recreation

Aquatics

- Turned heater off for winter break.
- Pool prepped for winter break.
- Working on getting the lifeguard class set up for after the break, we will have about 4 new guards.
- Working on Orientation for all guards when they return from break to get ready for the Spring 25' semester.

Intramural Sports & Club Sports

- All uniforms returned before fall break.
- Prepping intramural leagues for the spring semester.
- Plan on promoting 1 official to a supervisor role to replace Aaron who graduated.

Outdoor Program

- Hiring 2 new bouldering wall route setters.
- Hoping to see a steady flow of rentals coming in through the center.
- Running an ORC training with staff to familiarize them with equipment and allowing them to organize how they want so they know where things are.

Fitness

- Group fitness classes concluded with the end of the semester.
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Facilities

- McCloy Gymnasium floor & Multi-Purpose Room were refinished.
- The Campus Rec pro staff conducted a self-audit of all campus recreation facility conditions. This is everything from work order items to improving general aesthetics to improvements to spaces. The team will then start prioritizing working through the list of items to improve our facilities.
- Facility hours transitioned to intercession hours. The regular spring hours will begin on Monday 1/13.
- 3 facility building managers were identified and trained along with the outgoing building managers.
- 11 new customer service assistants were hired to begin working in the Rec and Sea Aggie Fitness Center for the Spring 2025 semester.

Green Dot

- The Green Dot team hosted a Hot Chocolate event in the 1973 Center. Participants were given green hot chocolate to promote Green Dot and raise awareness for bystander violence prevention.
 - The Green Dot team will begin meeting regularly again on 1/13.
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Peer Educators

- Peer educators hosted a successful De-stress fest, where participants were able to receive free massages and prepare for finals.
- The final peer educator meeting included building a wellness wheel where peer eds then mapped existing programming and brainstormed how to fill education gaps for the Spring 2025 semester.
- One peer educator graduated in December but the remainder of the staff will be retained for the Spring semester. We will not hire an additional peer educator.

Wellness (+SWAG)

- The SWAG/JED/SAP group has been merged under the JED umbrella and expanded to include additional functional areas across campus as recommended after our on-campus visit from JED.
 - Our JED Campus advisor, Gustavo, has provided us with our JED Campus Strategic Plan with a number of items to work on implementing over the next three years ahead of our final baseline assessment and Healthy Minds Study.
 - Krissy and Ani hosted an ASK+ Basic (suicide prevention) presentation that was attended by 15 faculty and staff members.
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Student Activities

Student Organizations/Events

Midnight Breakfast

- The Student Government Association served up a great SpongeBob-themed Midnight Breakfast, and it was a fun time for all students and the 13 faculty and staff who volunteered to serve the students. Students dove into delicious late-night eats, tested their knowledge with SpongeBob trivia, and snapped pics with their favorite under-the-sea characters. From jellyfishing decorations to nautical nonsense, the event was a perfect way to fuel up for finals with good food and even great vibes.

Dickens on the Strand

- This past December, our incredible student leaders stepped back in time and brought the holiday spirit to life while volunteering at Dickens on the Strand! From donning festive Victorian attire to helping make the event a magical experience for all, our students had an unforgettable time giving back to the Galveston community.

Holiday Lights at Moody Gardens

- The Office of Student Activities embraced the spirit of giving this season by providing 100 students with the opportunity to experience the magic of the **Festival of Lights at Moody Gardens**. This initiative not only spread holiday cheer but also fostered **community engagement and active citizenship**, aligning with TAMUG's commitment to meaningful student experiences. Through this event, students were able to connect, celebrate, and enjoy the festive season together, reinforcing the importance of giving back and building community.
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Campus Event Services

Networking

- Campus Event Services attended both Good Morning Galveston (December 5th) and Good Morning Mainland (December 18th) networking events held by the Galveston Regional Chamber of Commerce. Flyers advertising the Texas A&M University at Galveston Campus Event Venues were shared with those in attendance as well as a 30 second elevator style pitch promoting TAMUG Event Venues. On December 18th, Campus Event Services attended the Annual C-Crewe and Board of Directors Luncheon with the goal of networking with other C-Crewe members and Chamber of Commerce Board of Directors.

Professional Development

- On December 11th, Campus Event Services met with Cynthia Olvera and Agatha Scales of University Youth Programs to discuss requirements for hosting campus programs that involve minors.

Event Coordinating

- Campus Event Services met with Dr. Jenna Lamphere to go over all details necessary to planning and coordinating an event utilizing the Texas A&M University at Galveston Campus Event Venues.
 - Campus Event Services assisted with the TAMUG Commencement Site Walkthrough that took place on December 12th as well as both TAMUG Commencement Ceremonies on December 13th.
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External Events in the Works

- NMERPAC Meeting
 - Ball High School Band Banquet
 - Odyssey Academy Graduation
 - ORRC Workshop
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Mark your Calendars!

- January 9: New Student Conference
- January 13: Officer Training
- January 16: Organizations Night
- January 29: Buck Weirus Spirit Award Workshop
- January 30: Buck Weirus Spirit Award Workshop
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Student Assistance Services

- The 1973 Center saw an update. As we closed the lounge for winter break, our team updated a corner to create a new video gaming space for students. In January, we plan to update the felt on our pool table to bring a fresh look to the center's offerings.
 - The Student Assistance Service department worked with donors to bring smiles to students experiencing hardship over the winter break through a donation drive for food, blankets, and warm clothing.
 - The food pantry saw record numbers in the Fall semester and got an update as well with a new full-size fridge and a full-size freezer. Starting Spring 2025, there will be a fridge open to all in the hallway for food recovery that will be accessible 24/7.
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